



Name: Refael Yonatan-Leus

Date: 14/09/2024

CURRICULUM VITAE

1. Personal Details

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2. Higher Education

A. Undergraduate and Graduate Studies

2012-2013 MBA in Strategy and Finance at the Jerusalem School of Business Administration at the Hebrew University of Jerusalem. Graduated with honors.

2010-2012 MA in Clinical Psychology at the Hebrew University of Jerusalem. Dissertation title: *Honesty and Truthfulness: Between Therapeutic Asset and a Moral and Ethical Position. Comparison of Honesty Level as Measured by Self Report Questionnaires, Between Psychologists and Others.* Supervision: Prof. Gaby Shefler.

2006-2009 BA in Psychology and Business Administration at the Hebrew University of Jerusalem. Graduated with honors.

B. Doctoral Degree and Post-Doctoral Studies

2013-2019 PhD in Clinical Psychology at the department of psychology at the Hebrew University of Jerusalem. Dissertation title: *Honesty, Playfulness, Creativity, and Humor as Outcome, Process, and Therapist Variables in Psychotherapy.* Supervision: Prof. Gaby Shefler and Prof. Orya Tishby.

C. Other Education

3. Academic Ranks and Tenure in Institutes of Higher Education

Dates	Institution and Department	Rank/Position
02.12.2021	Department of Psychology the College of Management Academic Studies	Senior Lecturer

4. Offices in Academic Administration

5. Scholarly Positions and Activities outside the Institution



9.24 – Associate Editor in *Current Psychology*.

*Reviews for *Psychotherapy Research*.

*Reviews for *Counselling Psychology Quarterly*.

*Reviews for *Clinical Psychology and Psychotherapy*.

*Reviews for *Journal of Social Psychology Research*.

*Reviews for *Journal of Clinical Psychology*.

*Reviews for *Journal of American College Health*.

*Reviews for *BMJ open*.

*Reviews for *ClinicoEconomics and Outcomes Research*.

*Reviews for *Practice Innovation*.

*Reviews for *BMC Psychiatry*.

6. Participation in Scholarly Conferences

a. Active Participation

Date	Name of Conference	Place	Subject of Lecture/Discussion	Role
2016, June	The 47th International Annual Meeting of the Society for Psychotherapy Research	Jerusalem	Therapist effect: Honesty, playfulness, creativity and humor as predictors of successful therapy	
2018, June	The 49th International Annual Meeting of the Society for Psychotherapy Research	Amsterdam	Assessing the association between outpatient psychotherapy and healthcare utilization	
2018, July	Post 49th International Annual Meeting of the Society for Psychotherapy Research	Jerusalem	Therapist effect as an indication of internal validity in naturalistic psychotherapy study	
2019, June	Seminar of the Clinical division of the Israeli Psychological Association	Bar Ilan University	The relationship between the mental health system and the mentally ill. Economics diagnosis and treatment	
2020, February	The second annual meeting of the Israeli Group of society for Psychotherapy Research	The Hebrew University	Do Positive Features of Mental Health Change Together with Symptoms, and Do They Predict Each Other?	
2020, May	The first seminar of the Israeli Psychotherapy Group and the Clinical Division of the Israeli	The Academic College of Tel Aviv-	Unique outcome variables for unique treatment modalities	



	Psychological Association	Yaffo (Zoom)		
2021, June	The Israel Psychiatric Association annual conference	The dead sea	Psychodynamic psychotherapy is associated with a sustained reduction in healthcare utilization and cost.	
2021, June	A conference of Freud Center for Psychoanalytic Research	The Hebrew University (Zoom)	The "Lechol Nefesh" project - Preliminary findings from evaluation studies	
2021, October	*The second annual meeting of the Israeli Group of society for Psychotherapy Research	The Academic College of Tel Aviv-Yaffo	The combined effect of psychodynamic psychotherapy and pharmacotherapy on healthcare cost	
2022, July	*The 53rd international annual meeting of the Society for Psychotherapy Research in Denver.	Denver	Empirical Examination of Long-Term and Intensive Psychoanalytic Psychotherapy for Severely Disturbed Patients.	
2022, September	*The 9 th European chapter meeting of the Society for Psychotherapy Research.	Rome	What is the Pattern of Change in Healthcare Cost Before and During Psychotherapy?	
2023, January	*Integrating Neuroscience with Psychotherapy Research to Advance Treatment of Severe Mental Illness – International workshop	Shalvata Mental Health Center	A long way that is short - long and intensive psychotherapy as the first line in the treatment of severe mental illness.	
2023, March	*The fourth annual meeting of the Israeli Group of Society for Psychotherapy Research	The Academic College of Tel Aviv-Yaffo	Trajectories of Change Among Severely Disturbed Patients in Intensive Long-term Psychoanalytic Psychotherapy	
2024, May	The triennial conference of the Israeli Psychiatry Association		Outcomes and trajectories of change in patients dealing with severe and treatment-resistant mental disorders who have been treated In intensive and prolonged psychoanalytic psychotherapy - empirical findings from the Lechol Nefesh	



			project	
2024, May	The triennial conference of the Israeli Psychiatry Association		Challenges and risks in the stratification model of torturers (mental health advocates) in mental health in Israel	
2024, September	6th Joint Conference of European and UK Society for Psychotherapy Research chapters	Masaryk University, Brno	Using Machine Learning Methods to Identify Trajectories And Predict Non-responders to Short-Term Dynamic Therapy.	

b. Organization of Conferences or Sessions

Date	Name of Conference	Place	Subject/Role of Conference, Comments	Role
2017, March	A celebratory conference on the seventh anniversary of the journal "Marag" on the subject of psychoanalytic writing	Tel Aviv Cinematheque		Member of the organizing committee
2020, May	The first seminar of the Israeli Psychotherapy Group and the Clinical Division of the Israeli Psychological Association	The Academic College of Tel Aviv-Yaffo (Zoom)		Member of the organizing committee
2022, February	*The second seminar of the Israeli Psychotherapy Group and the Clinical Division of the Israeli Psychological Association	Bar Ilan University		Member of the organizing committee

7. Invited Lectures\ Colloquium Talks

Date	Place of Lecture	Name of Forum	Presentation/Comments
8.11.22	*Achva College	Clinical program	Non-standard outcome variables of psychotherapy

8. Research Grants

a. Grants Awarded

Role in Research	Co-Researchers	Topic	Funded by/Amount	Year



PI (Equal)	PI (Equal) Nili Karaoke-Eyal	Informed consent to antidepressant drug treatment, is it free and informed?	10,000 NIS (2,685 \$)	2024
PI (Equal)	PI (Equal) Nili Karaoke-Eyal	Informed consent to antipsychotic drug treatment, is it free and informed?	8,000 (2,150 \$)	2032

b. Submission of Research Proposals – Pending

Role in Research	Co-Researchers	Topic	Funded by	Year

c. Submission of Research Proposals – Not Funded

Role in Research	Co-Researchers	Topic	Funded by	Year	Score
*PI		Examining the Relationship Between Treatment with Psychotropic Drugs and Spending on Health - A Big Data Study	Ministry of innovation science and technology	2023	
*PI		Examining the Relationship Between Treatment with Psychotropic Drugs and Spending on Health - A Big Data Study	ISF	2023	

9. Scholarships, Awards and Prizes

- 2024 *Annual Outstanding Researcher Rector Award the College of Management Academic Studies.
- 2022 *Annual Outstanding Researcher Award from the School of Behavioral Sciences and the Department of Psychology at the College of Management Academic Studies.
- 2016 Salinsky prize for theoretical and applied research in psychoanalysis and related fields, Freud Research Center, Hebrew University of Jerusalem.
- 2015 Salinsky Prize for theoretical and applied research in psychoanalysis and related fields, Freud Research Center, Hebrew University of Jerusalem.
- 2011 Merit scholarship for graduate studies, Hebrew University of Jerusalem.



2008-2009 Student Exchange program for outstanding students of the European Union at the Complutense University of Madrid (Erasmus Mundus External Windows 2- UCM).

2007 Merit scholarship for undergraduate studies, Hebrew University of Jerusalem.

10. Teaching

a. Courses Taught in Recent Years

Year	Course Name	Type: Lecture/Seminar/Workshop/ High Learn Course/Introduction	Degree	No. of Students
2021-2024	Developmental Psychology A	Lecture	BA	70
2021-2024	Fundamentals in Psychopathology, The Contribution of Personality Organization	Lecture	MA	15
2021-2024	Short-term dynamic psychotherapy with an emphasis on adolescents and young people	Lecture	MA	15
2023-2024	A retrospective experience of psychological therapy	Seminar	BA	12

b. Supervision of Graduate Students

Name of Student	Title of Thesis	Degree	Completion Date / in Progress	Students' Achievements
Hadas (Kuperman) Brukman	Comparison of empathy ratings of answers to questions given by AI versus answers given by human therapists	MA	1.9.24	93 (published as article)
Hadas Rotenberg	A comparative literature review of the relationship between the therapeutic alliance and treatment outcomes in adults versus adolescents	MA	12.05.24	90



Tehila Fink	Unraveling the Impact of Empathy on the Efficacy of Psychological Treatment for Challenging Cases: A Comprehensive Retrospective Mixed-Methods Study	MA	In Progress	
Alon Sigman	The relationship between therapeutic alliance and the recovery process in severely disturbed patients	MA	In Progress	
Ori Sitbon	Narrative identity: the relationship between a sense of agency regarding relationships and employment to recovery among severely disturbed patients	MA	In Progress	
Omri Genis	A Mixed Methods study: the relationship between the capacity to make meaning in one's narrative and psychological health among patients with severe psychopathology treated in the "Lechol Nefesh" project	MA	In Progress	
Amira Laufer	Mixed methods: Narrative characteristics that distinguish developmental change trajectories of young adults in	MA	In Progress	



	self-criticism			
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11. Miscellaneous

2022- Member of the Council of Psychologists that advises the Israeli Minister of Health

2017-2022 Member of the board of the clinical division of the Israeli Psychological Association

12. Professional Experience

License number (psychologist): 27-119396 Specialist License number (In clinical psychology): 27-35517

Supervisor in Psychotherapy License number: 27- 47304 Supervisor in Psychodiagnostics License number: 27- 45213

2020 - 2022 Licensed supervisor in clinical psychologist, out-patient clinic "Brazil" of Clalit Health Services.

2020 - 2022 Licensed clinical psychologist, out-patient clinic "Brazil" of Clalit Health Services.

2017- 2020 Licensed clinical psychologist, in-patient unit "Brazil" of Clalit Health Services.

2015-2017 Internship in Clinical Psychology at the adult outpatient clinic of "Talbiya" Mental Health Center of Clalit Health Services.

2013-2014 Internship in Clinical Psychology at the In-patient Unit "Brazil" of Clalit Health Services.

2010-2012 Practicum in the adult outpatient clinic of "Talbiya" mental health center.



PUBLICATIONS

A. Ph.D. Dissertation

Honesty, Playfulness, Creativity, and Humor as Outcome, Process and Therapist Variables in Psychotherapy.

D. Articles in Refereed Journals

Published

1. **Yonatan-Leus, R.** (2013) *the Pre-Traumatic Zionist Dream: A Freudian Study of Biblical Etymological Interpretations of the Name 'Zion'*. Magnes Press. Ma'arag : The Israeli Annual of Psychoanalysis, Volume 4, pp. (137-175).
2. **Yonatan-Leus, R.,** Tishby, O., Shefler, G., & Wiseman, H. (2018). Therapists' honesty, humor styles, playfulness, and creativity as outcome predictors: A retrospective study of the therapist effect. *Psychotherapy Research*, 28(5), 793–802.
<https://doi.org/10.1080/10503307.2017.1292067>
3. **Yonatan-Leus, R.,** Shefler, G., & Tishby, O. (2019). Changes in playfulness, creativity and honesty as possible outcomes of psychotherapy. *Psychotherapy Research*, 30(6), 788–799.
<https://doi.org/10.1080/10503307.2019.1649733>
4. **Yonatan-Leus, R.,** Tishby, O., Abargil, M., & Wiseman, H. (2019). Therapist effects in yearlong psychodynamic therapy: An exploratory study. *Clinical Psychology & Psychotherapy*, 26(6), 751–760. <https://doi.org/10.1002/cpp.2400>
5. **Yonatan-Leus, R.,** Shefler, G., & Tishby, O. (2020). Do positive features of mental health change together with symptoms and do they predict each other? *Psychotherapy*, 57(3), 391–399.
<https://doi.org/10.1037/pst0000280>
6. **Yonatan-Leus, R.,** Strauss, A. Y., & Cooper-Kazaz, R. (2020). *Psychodynamic psychotherapy is associated with sustained reduction in health care utilization and cost.* *Clinical Psychology & Psychotherapy*, 28(3), 642–655. Portico. <https://doi.org/10.1002/cpp.2527>
7. Shulman, S., Seiffge-Krenke, I., **Yonatan-Leus, R.,** & Livneh, E. (2021). Symptomabnahme und Verbesserungen der Fertigkeiten zur Transition nach psychodynamischer Therapie bei jungen Erwachsenen. *PDP-Psychodynamische Psychotherapie*, 20(4), 361-371.
8. **Yonatan-Leus, R.,** Abargil, M., & Cooper-Kazaz, R. (2022). The combined effect of psychodynamic psychotherapy and pharmacotherapy on healthcare cost. *Psychotherapy Research*, 32(7), 874–885. <https://doi.org/10.1080/10503307.2022.2032861>
9. Shulman, S., **Yonatan-Leus, R.,** & Silberberg, O. (2023). Understanding stability and change in depressive symptom trajectories across young adulthood through the lens of career development: A mixed-methods study. *International Journal of Behavioral Development*, 47(2),



169–179. <https://doi.org/10.1177/01650254221146416>

10. Shulman, S., **Yonatan-Leus, R.**, & Seiffge-Krenke, I. (2023). Casual sexual relationships and their increase over time among Israeli emerging adults: Do these associate with the quality of future relationships? *Journal of Social and Personal Relationships*.
<https://doi.org/10.1177/02654075231186788>
 11. Abargil, M., Tishby, O., **Yonatan-Leus, R.**, & Wiseman, H. (2023). Changes in Transference Patterns and Their Relation to Treatment Outcome. *Journal of Clinical Psychology*.
<https://doi.org/10.1002/jclp.23559>
 12. **Yonatan-Leus, R.**, Abargil, M., Shefler, G., Finkenberg, R., & Amir, I. (2023). Trajectories of Change Among Highly Challenging Patients in Intensive Long-term Psychoanalytic Psychotherapy. *Journal of Clinical Psychology*. <https://doi.org/10.1002/jclp.23560>
 13. Shefler, G, Abargil, M, **Yonatan-Leus, R.**, Finkenberg, R., & Amir, I. (2023). Empirical examination of long-term and intensive psychoanalytic psychotherapy for severely disturbed patients. *Psychotherapy Research*. <https://doi.org/10.1080/10503307.2023.2263810>
 14. Shulman, S., & **Yonatan-Leus, R.** (2023). The Long Arm of Rejection Sensitivity and Young Adults' Romantic Relationships: An Extension and a Replication. *Journal of Adolescence*.
<https://doi.org/10.1002/jad.12266>
 15. Shulman, S., & **Yonatan-Leus, R.** (2024). The longitudinal correlates of breakup distress in early young adulthood: future distress and future benefits. *Journal of Social and Personal Relationships*. <https://doi.org/10.1177/02654075241260358>
 16. **Yonatan-Leus, R.**, & Tishby, O. (2024). Responsiveness and Clinical Judgment as an Alternative to Drifting: A Narrative Update. *Journal of Contemporary Psychotherapy*, 1-7.
<https://doi.org/10.1007/s10879-024-09638-6>
 17. **Yonatan-Leus, R.**, & Cooper-Kazaz, R. (2024). Are Therapist Effects More Crucial than We Thought?. *Journal of Contemporary Psychotherapy*, 1-6. <https://doi.org/10.1007/s10879-024-09641-x>
 18. **Yonatan-Leus, R.**, & Karako-Eyal, N. (2024). Consent to voluntary antipsychotic drug treatment it free and informed? *Psychiatric rehabilitation journal*. <https://doi.org/10.1037/prj0000627>.
 19. **Yonatan-Leus, R.**, & Brukner, H. (2024). Comparing perceived empathy and intervention strategies of an AI chatbot and human psychotherapists in online mental health support. *Counselling and Psychotherapy Research*, 00(00), 1–9. <https://doi.org/10.1002/capr.12832>
 20. Shulman, S., Rosenberg, M., **Yonatan-Leus, R.**, & Sehayek, S. (2024). Developmental pathways and adjustment of adult women who experienced early pubertal development: A mixed-method approach. *The Journal of Early Adolescence*. Advance online publication.
<https://doi.org/10.1177/02724316241290833>
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21. **Yonatan-Leus, R.**, Gwizman, G., & Tishby, O. (2024). Using machine learning methods to identify trajectories and predict responders and non-responders to short-term dynamic therapy. *Psychotherapy Research*. <https://doi.org/10.1080/10503307.2024.2420725>

E. Articles or Chapters in Scientific Books

(which are not Conference Proceedings)

Published

1. Shefler, G, Lederman, S., & **Yonatan-Leus, R.** (2020). Ethical Issues in Psychotherapy of Other Therapists: Description, Considerations, and Ways of Coping. In M. Trachsel, S. Tekin, W. Biller-Andorno, J. Gaab, & J. Z. Sadler (Ed.) *Handbook of Psychotherapy Ethics*. Oxford University Press.

K. Submitted Publications

Yonatan-Leus, R., Abargil, M., Shulman, S., & Cooper-Kazaz, R. (submitted). What are the Patterns of Change in Healthcare Cost Before and During Psychotherapy?

Yonatan-Leus, R., Abargil, M. Finkenberg, R. Amir, I. & Shefler, G. (submitted) Do Psychiatric Hospitalization and Symptoms Change Together in Treatment, and Do They Predict Each Other?

Shulman, S., Rosenberg, M., **Yonatan-Leus, R.**, & Sehayek, S. (Submitted) Developmental Pathways and Adjustment of Adult Women Who Experienced Early Pubertal Development: A Mixed-Method Approach.

Yonatan-Leus, R., Gwizman, G., & Tishby, O. (submitted). Using machine learning methods to identify trajectories and predict responders and non-responders to short-term dynamic therapy.

Yonatan-Leus, R., & Karako-Eyal, N. (submitted). Patient voices: lived experiences of informed consent in long-term antipsychotic medication treatment.

Yonatan-Leus, R., Friedlander, A., Sinai, D., Wieser, M., Lichtenberg, P., Caspi, A., Domani, Y., & Tzur-Bitan, D. (submitted). Effectiveness of two hospitalization alternatives compared to psychiatric admission: An open-label, three-center ecological longitudinal study.

Yonatan-Leus, R., & Shulman, S. (submitted). Levels of breakup distress following repeated romantic dissolutions during emerging adulthood: stability, change, and individual differences.

Shulman., S., **Yonatan-Leus, R.**, Gabai T. (submitted). Breakup distress trajectories across young adulthood and the quality of romantic relationships: A mixed-method study.



L. Summary of My Research Activities and Future Plans

I am currently working on several research collaborations in the following areas: Developmental psychology in adolescence and young adulthood. Cost and economic benefit of psychotherapy in severe cases. Cost and economic benefit of psychiatric medications. Process variables in psychotherapy research. Transference and Countertransference in Psychodynamic Psychotherapy. Therapist effects. Long intensive psychodynamic psychotherapy for complex patients and Informed consent process for different types of treatment within mental health.
