



Name: Refael Yonatan-Leus

Date: 12/05/2024

CURRICULUM VITAE

1. Personal Details

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Marital Status: Enter text here.

2. Higher Education

A. Undergraduate and Graduate Studies

- 2012-2013 MBA in Strategy and Finance at the Jerusalem School of Business Administration at the Hebrew University of Jerusalem. Graduated with honors.
- 2010-2012 MA in Clinical Psychology at the Hebrew University of Jerusalem. Dissertation title: *Honesty and Truthfulness: Between Therapeutic Asset and a Moral and Ethical Position. Comparison of Honesty Level as Measured by Self Report Questionnaires, Between Psychologists and Others.* Supervision: Prof. Gaby Shefler.
- 2006-2009 BA in Psychology and Business Administration at the Hebrew University of Jerusalem. Graduated with honors.

B. Doctoral Degree and Post-Doctoral Studies

- 2013-2019 PhD in Clinical Psychology at the department of psychology at the Hebrew University of Jerusalem. Dissertation title: *Honesty, Playfulness, Creativity, and Humor as Outcome, Process and Therapist Variables in Psychotherapy.* Supervision: Prof. Gaby Shefler and Prof. Orya Tishby.

C. Other Education

3. Academic Ranks and Tenure in Institutes of Higher Education

Dates	Institution and Department	Rank/Position
02.12.2021	Department of Psychology the College of Management Academic Studies	Senior Lecturer



4. Offices in Academic Administration

5. Scholarly Positions and Activities outside the Institution

Reviews for *Psychotherapy Research*.

*Reviews for *Counselling Psychology Quarterly*.

*Reviews for *Clinical Psychology and Psychotherapy*.

*Reviews for *Journal of Social Psychology Research*.

*Reviews for *Journal of Clinical Psychology*.

*Reviews for *Journal of American College Health*.

*Reviews for *BMJ open*.

*Reviews for *ClinicoEconomics and Outcomes Research*

*Reviews for *Practice Innovation*

6. Participation in Scholarly Conferences

a. **Active Participation**

Date	Name of Conference	Place	Subject of Lecture/Discussion	Role
2016, June	The 47th international annual meeting of the Society for Psychotherapy Research	Jerusalem	Therapist effect: Honesty, playfulness, creativity and humor as predictors of successful therapy	
2018, June	The 49th international annual meeting of the Society for Psychotherapy Research	Amsterdam	Assessing the association between outpatient psychotherapy and health care utilization	
2018, July	Post 49th international annual meeting of the Society for Psychotherapy Research	Jerusalem	Therapist effect as an indication to internal validity in naturalistic psychotherapy study	
2019, June	Seminar of the Clinical division of the Israeli	Bar Ilan University	The relationship between the mental health system and the	



	Psychological Association		mentally ill. Economics diagnosis and treatment	
2020, February	The second annual meeting of the Israeli group of society for psychotherapy research	The Hebrew University	Do Positive Features of Mental Health Change Together with Symptoms and Do They Predict Each Other?	
2020, May	The first seminar of the Israeli Psychotherapy Group and the Clinical Division of the Israeli Psychological Association	The Academic College of Tel Aviv-Yaffo (Zoom)	Unique outcome variables for unique treatment modalities	
2021, June	The Israel Psychiatric association annual conference	The dead sea	Psychodynamic psychotherapy is associated with sustained reduction in health care utilization and cost	
2021, June	A conference of Freud Center for Psychoanalytic Research	The Hebrew University (Zoom)	The "Lechol Nefesh" project - Preliminary findings from evaluation studies	
2021, October	*The second annual meeting of the Israeli group of society for psychotherapy research	The Academic College of Tel Aviv-Yaffo	The combined effect of psychodynamic psychotherapy and pharmacotherapy on healthcare cost	
2022, July	*The 53rd international annual meeting of the Society for Psychotherapy Research in Denver.	Denver	Empirical Examination of Long-Term and Intensive Psychoanalytic Psychotherapy for Severely Disturbed Patients.	
2022, September	*The 9 th European chapter meeting of the Society for Psychotherapy Research.	Rome	What is the Pattern of Change in Healthcare Cost Before and During Psychotherapy?	
2023, January	*Integrating Neuroscience with Psychotherapy Research to Advance Treatment of Severe Mental Illness – International workshop	Shalvata Mental Health Center	A long way that is short - long and intensive psychotherapy as the first line in the treatment of severe mental illness.	
2023, March	*The fourth annual meeting of the Israeli group of society for	The Academic College of Tel Aviv-	Trajectories of Change Among Severely Disturbed Patients in Intensive Long-term Psychoanalytic Psychotherapy	



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b. Organization of Conferences or Sessions

Date	Name of Conference	Place	Subject/Role of Conference, Comments	Role
2017, March	A celebratory conference on the seventh anniversary of the journal "Marag" on the subject of psychoanalytic writing	Tel Aviv Cinematheque		Member of the organizing committee
2020, May	The first seminar of the Israeli Psychotherapy Group and the Clinical Division of the Israeli Psychological Association	The Academic College of Tel Aviv-Yaffo (Zoom)		Member of the organizing committee
2022, February	*The second seminar of the Israeli Psychotherapy Group and the Clinical Division of the Israeli Psychological Association	Bar Ilan University		Member of the organizing committee

7. Invited Lectures\ Colloquium Talks

Date	Place of Lecture	Name of Forum	Presentation/Comments
8.11.22	*Achva College	Clinical program	Non-standard outcome variables of psychotherapy

8. Scholarships, Awards and Prizes

- 2024 * Annual Outstanding Researcher Rector Award the College of Management Academic Studies.
- 2022 * Annual Outstanding Researcher Award from the School of Behavioral Sciences and the Department of Psychology the College of Management Academic Studies.
- 2016 Salinsky prize for theoretical and applied research in psychoanalysis and related fields, Freud Research Center, Hebrew University of Jerusalem.
- 2015 Salinsky Prize for theoretical and applied research in psychoanalysis and related fields, Freud Research Center, Hebrew University of Jerusalem.



- 2011 Merit scholarship for graduate studies, Hebrew University of Jerusalem.
- 2008-2009 Student Exchange program for outstanding students of the European Union at the Complutense University of Madrid (Erasmus Mundus External Windows 2- UCM).
- 2007 Merit scholarship for undergraduate studies, Hebrew University of Jerusalem.

9. Professional Experience

License number (psychologist): 27-119396 Specialist License number (In clinical psychology): 27-35517

Supervisor in Psychotherapy License number: 27- 47304 Supervisor in Psychodiagnostics License number: 27- 45213

2020 - 2022 Licensed supervisor in clinical psychologist, out-patient clinic "Brazil" of Clalit Health Services.

2020 - 2022 Licensed clinical psychologist, out-patient clinic "Brazil" of Clalit Health Services.

2017- 2020 Licensed clinical psychologist, in-patient unit "Brazil" of Clalit Health Services.

2015-2017 Internship in Clinical Psychology at the adult outpatient clinic of "Talbiya" Mental Health Center of Clalit Health Services.

2013-2014 Internship in Clinical Psychology at the In-patient Unit "Brazil" of Clalit Health Services.

2010-2012 Practicum in the adult outpatient clinic of "Talbiya" mental health center.



PUBLICATIONS

A. Ph.D. Dissertation

Honesty, Playfulness, Creativity, and Humor as Outcome, Process and Therapist Variables in Psychotherapy.

B. Articles in Refereed Journals

Published

1. **Yonatan-Leus, R.** (2013) the Pre-Traumatic Zionist Dream: A Freudian Study of Biblical Etymological Interpretations of the Name 'Zion'. Magnes Press. Ma'arag : The Israeli Annual of Psychoanalysis, Volume 4, pp. (137-175).
2. **Yonatan-Leus, R.,** Tishby, O., Shefler, G., & Wiseman, H. (2018). Therapists' honesty, humor styles, playfulness, and creativity as outcome predictors: A retrospective study of the therapist effect. *Psychotherapy Research*, 28(5), 793–802.
<https://doi.org/10.1080/10503307.2017.1292067>
3. **Yonatan-Leus, R.,** Shefler, G., & Tishby, O. (2019). Changes in playfulness, creativity and honesty as possible outcomes of psychotherapy. *Psychotherapy Research*, 30(6), 788–799.
<https://doi.org/10.1080/10503307.2019.1649733>
4. **Yonatan-Leus, R.,** Tishby, O., Abargil, M., & Wiseman, H. (2019). Therapist effects in yearlong psychodynamic therapy: An exploratory study. *Clinical Psychology & Psychotherapy*, 26(6), 751–760. Portico. <https://doi.org/10.1002/cpp.2400>
5. **Yonatan-Leus, R.,** Shefler, G., & Tishby, O. (2020). Do positive features of mental health change together with symptoms and do they predict each other? *Psychotherapy*, 57(3), 391–399.
<https://doi.org/10.1037/pst0000280>
6. **Yonatan-Leus, R.,** Strauss, A. Y., & Cooper-Kazaz, R. (2020). *Psychodynamic psychotherapy is associated with sustained reduction in health care utilization and cost.* *Clinical Psychology & Psychotherapy*, 28(3), 642–655. Portico. <https://doi.org/10.1002/cpp.2527>
7. Shulman, S., Seiffge-Krenke, I., **Yonatan-Leus, R.,** & Livneh, E. (2021). Symptomabnahme und Verbesserungen der Fertigkeiten zur Transition nach psychodynamischer Therapie bei jungen Erwachsenen. *PDP-Psychodynamische Psychotherapie*, 20(4), 361-371.
8. **Yonatan-Leus, R.,** Abargil, M., & Cooper-Kazaz, R. (2022). The combined effect of psychodynamic psychotherapy and pharmacotherapy on healthcare cost. *Psychotherapy Research*, 32(7), 874–885. <https://doi.org/10.1080/10503307.2022.2032861>
9. Shulman, S., **Yonatan-Leus, R.,** & Silberberg, O. (2023). Understanding stability and change in



depressive symptom trajectories across young adulthood through the lens of career development: A mixed-methods study. *International Journal of Behavioral Development*, 47(2), 169–179. <https://doi.org/10.1177/01650254221146416>

10. Shulman, S., **Yonatan-Leus, R.**, & Seiffge-Krenke, I. (2023). Casual sexual relationships and their increase over time among Israeli emerging adults: Do these associate with the quality of future relationships? *Journal of Social and Personal Relationships*. <https://doi.org/10.1177/02654075231186788>
11. Abargil, M., Tishby, O., **Yonatan-Leus, R.**, & Wiseman, H. (2023). Changes in Transference Patterns and Their Relation to Treatment Outcome. *Journal of Clinical Psychology*. <https://doi.org/10.1002/jclp.23559>
12. **Yonatan-Leus, R.**, Abargil, M., Shefler, G., Finkenberg, R., & Amir, I. (2023). Trajectories of Change Among Highly Challenging Patients in Intensive Long-term Psychoanalytic Psychotherapy. *Journal of Clinical Psychology*. <https://doi.org/10.1002/jclp.23560>
13. Shefler, G, Abargil, M, **Yonatan-Leus, R.**, Finkenberg, R., & Amir, I. (2023). Empirical examination of long-term and intensive psychoanalytic psychotherapy for severely disturbed patients. *Psychotherapy Research*. <https://doi.org/10.1080/10503307.2023.2263810>
14. Shulman, S., & **Yonatan-Leus, R.** (2023). The Long Arm of Rejection Sensitivity and Young Adults' Romantic Relationships: An Extension and a Replication. *Journal of Adolescence*. <https://doi.org/10.1002/jad.12266>

Accepted for Publication

Shulman., S., & **Yonatan-Leus, R.** (in press). The longitudinal correlates of breakup distress in early young adulthood: future distress and future benefits. *Journal of Social and Personal Relationships*.

C. Articles or Chapters in Scientific Books

(which are not Conference Proceedings)

Published

1. Shefler, G, Lederman, S., & **Yonatan-Leus, R.** (2020). Ethical Issues in Psychotherapy of Other Therapists: Description, Considerations, and Ways of Coping. In M. Trachsel, S. Tekin, W. Biller-Andorno, J. Gaab, & J. Z. Sadler (Ed.) *Handbook of Psychotherapy Ethics*. Oxford University Press.
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