



**Name: Refael Yonatan-Leus**

**Date: 2/27/2022**

## **CURRICULUM VITAE**

### **1. Personal Details**

Electronic Address: [Refaelyo@colman.ac.il](mailto:Refaelyo@colman.ac.il), [refael.yonatan@mail.huji.ac.il](mailto:refael.yonatan@mail.huji.ac.il)

### **2. Higher Education**

#### **A. Undergraduate and Graduate Studies**

- 2012-2013      MBA in Strategy and Finance at the Jerusalem School of Business Administration at the Hebrew University of Jerusalem. Graduated with honors.
- 2010-2012      MA in Clinical Psychology at the Hebrew University of Jerusalem. Dissertation title: *Honesty and Truthfulness: Between Therapeutic Asset and a Moral and Ethical Position. Comparison of Honesty Level as Measured by Self Report Questionnaires, Between Psychologists and Others.* Supervision: Prof. Gaby Shefler.
- 2006-2009      BA in Psychology and Business Administration at the Hebrew University of Jerusalem. Graduated with honors.

#### **B. Doctoral Degree and Post-Doctoral Studies**

- 2013-2019      PhD in Clinical Psychology at the department of psychology at the Hebrew University of Jerusalem. Dissertation title: *Honesty, Playfulness, Creativity, and Humor as Outcome, Process and Therapist Variables in Psychotherapy.* Supervision: Prof. Gaby Shefler and Prof. Orya Tishby.

### **3. Academic Ranks and Tenure in Institutes of Higher Education**

<b>Dates</b>	<b>Institution and Department</b>	<b>Rank/Position</b>
02.12.2021	Department of Psychology the College of Management Academic Studies	Senior Lecturer

### **5. Scholarly Positions and Activities outside the Institution**

Reviews for *Psychotherapy Research*.

Reviews for *Counselling Psychology Quarterly*.

Reviews for *Clinical Psychology and Psychotherapy*.

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## 6. Participation in Scholarly Conferences

### a. Active Participation

Date	Name of Conference	Place	Subject of Lecture/Discussion	Role
2016, June	The 47th international annual meeting of the Society for Psychotherapy Research	Jerusalem	Therapist effect: Honesty, playfulness, creativity and humor as predictors of successful therapy	
2018, June	The 49th international annual meeting of the Society for Psychotherapy Research	Amsterdam	Assessing the association between outpatient psychotherapy and health care utilization	
2019, June	Seminar of the Clinical division of the Israeli Psychological Association	Bar Ilan University	The relationship between the mental health system and the mentally ill. Economics diagnosis and treatment	
2020, February	The second annual meeting of the Israeli group of society for psychotherapy research	The Hebrew University	Do Positive Features of Mental Health Change Together with Symptoms and Do They Predict Each Other?	
2020, May	The first seminar of the Israeli Psychotherapy Group and the Clinical Division of the Israeli Psychological Association	The Academic College of Tel Aviv-Yaffo (Zoom)	Unique outcome variables for unique treatment modalities	
2021, June	The Israel Psychiatric association annual conference	The dead sea	Psychodynamic psychotherapy is associated with sustained reduction in health care utilization and cost	
2021, June	A conference of Freud Center for Psychoanalytic Research	The Hebrew University (Zoom)	The "Lechol Nefesh" project - Preliminary findings from evaluation studies	
2021, October	the second annual meeting of the Israeli group of society for psychotherapy research	The Academic College of Tel Aviv-Yaffo (Zoom)	The combined effect of psychodynamic psychotherapy and pharmacotherapy on healthcare cost	

### b. Organization of Conferences or Sessions

Date	Name of Conference	Place	Subject/Role of Conference, Comments	Role
2017, March	A celebratory conference on the seventh anniversary of the journal "Marag" on	Tel Aviv Cinematheque		Member of organizing committee



	the subject of psychoanalytic writing			
2020, May	The first seminar of the Israeli Psychotherapy Group and the Clinical Division of the Israeli Psychological Association	The Academic College of Tel Aviv-Yaffo (Zoom)		Member of organizing committee
2022, February	The second seminar of the Israeli Psychotherapy Group and the Clinical Division of the Israeli Psychological Association	Bar Ilan University		Member of organizing committee

## 9. Scholarships, Awards and Prizes

- 2016 Salinsky prize for theoretical and applied research in psychoanalysis and related fields, Freud Research Center, Hebrew University of Jerusalem.
- 2015 Salinsky prize for theoretical and applied research in psychoanalysis and related fields, Freud Research Center, Hebrew University of Jerusalem.
- 2011 Merit scholarship for graduate studies, Hebrew University of Jerusalem.
- 2008-2009 Student Exchange program for outstanding students of the European Union at the Complutense University of Madrid (Erasmus Mundus External windows 2- UCM).
- 2007 Merit scholarship for undergraduate studies, Hebrew University of Jerusalem.

## 10. Teaching

### a. Courses Taught in Recent Years

Year	Course Name	Type: Lecture/Seminar/Workshop/ High Learn Course/Introduction	Degree	No. of Students
2021-2022	Developmental Psychology A	Lecture	BA	70
2021-2022	Fundamentals in Psychopathology, The Contribution of Personality Organization		MA	15
2021-2022	Short-term dynamic psychotherapy with an emphasis on adolescents and young people		MA	15




## **12. Professional Experience**

License number (psychologist): 27-119396 Specialist License number (In clinical psychology): 27-35517

2020 - Licensed clinical psychologist, out-patient clinic "Brazil" of Clalit Health Services.

2017- 2020 Licensed clinical psychologist, in-patient unit "Brazil" of Clalit Health Services.

2015-2017 Internship in Clinical Psychology at the adult out-patient clinic of "Talbiya" mental health center of Clalit Health Services.

2013-2014 Internship in Clinical Psychology at the In-patient Unit "Brazil" of Clalit Health Services.

2010-2012 Practicum in the adult out-patient clinic of "Talbiya" mental health center.

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## PUBLICATIONS

### A. Ph.D. Dissertation

*Honesty, Playfulness, Creativity, and Humor as Outcome, Process and Therapist Variables in Psychotherapy.*

### D. Articles in Refereed Journals

#### Published

1. **Yonatan-Leus, R.** (2013) the Pre-Traumatic Zionist Dream: A Freudian Study of Biblical Etymological Interpretations of the Name 'Zion'. Magnes Press. Ma'arag : The Israeli Annual of Psychoanalysis, Volume 4, pp. (137-175).
2. **Yonatan-Leus, R.,** Tishby, O., Shefler, G., & Wiseman, H. (2018). Therapists' honesty, humor styles, playfulness, and creativity as outcome predictors: A retrospective study of the therapist effect. *Psychotherapy Research*, 28(5), 793-802.
3. **Yonatan-Leus, R.,** Shefler, G., & Tishby, O. (2019). Changes in playfulness, creativity and honesty as possible outcomes of psychotherapy. *Psychotherapy Research*, 1-12.
4. **Yonatan-Leus, R.,** Tishby, O., Abargil, M., & Wiseman, H. (2019). Therapist Effects in Yearlong Psychodynamic Therapy: An Exploratory Study. *Clinical Psychology & Psychotherapy*.
5. **Yonatan-Leus, R.,** Shefler, G., & Tishby, O. (2020). Do positive features of mental health change together with symptoms and do they predict each other? *Psychotherapy*.
6. **Yonatan-Leus, R.,** Strauss, A., & Cooper-Kazaz, R. (2020). Psychodynamic Psychotherapy is Associated with Sustained Reduction in Health Care Utilization and Cost. *Clinical Psychology & Psychotherapy*.
7. Shulman, S., Seiffge-Krenke, I., **Yonatan-Leus, R.,** & Livneh, E. (2021). Symptomabnahme und Verbesserungen der Fertigkeiten zur Transition nach psychodynamischer Therapie bei jungen Erwachsenen. *PDP-Psychodynamische Psychotherapie*, 20(4), 361-371.
8. **Yonatan-Leus, R.,** Abargil, M., & Cooper-Kazaz, R. (2022). The Combined Effect of Psychodynamic Psychotherapy and Pharmacotherapy on Healthcare Cost. *Psychotherapy Research*.

### E. Articles or Chapters in Scientific Books (which are not Conference Proceedings)

#### Published

1. Shefler, G, Lederman, S., & **Yonatan-Leus, R.** (2020). Ethical Issues in Psychotherapy of Other Therapists: Description, Considerations, and Ways of Coping. In M. Trachsel, S. Tekin, W. Biller-Andorno, J. Gaab, & J. Z. Sadler (Ed.) *Handbook of Psychotherapy Ethics*. Oxford University Press.
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## **K. Submitted Publications**

Abargil, M., Tishby, O., **Yonatan-Leus, R.**, & Wiseman, H. (submitted). Changes in Transference Patterns and Their Relation to Treatment Outcome.

## **L. Summary of My Research Activities and Future Plans**

I am currently working on several collaborations on research in the following areas: Developmental Psychology in adolescence and young adulthood. Cost of economic benefit of psychotherapy in severe cases. Cost and economic benefit of psychiatric medications. Process variables in psychotherapy research. Transference and Countertransference in Psychodynamic Psychotherapy.

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