

Curriculum Vitae

Refael Yonatan Leus

Personal Details:

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Education

- 2013-2019 PhD in Clinical Psychology at the department of psychology at the Hebrew University of Jerusalem. Dissertation title: *Honesty, Playfulness, Creativity, and Humor as Outcome, Process and Therapist Variables in Psychotherapy*. Supervision: Prof. Gaby Shefler and Prof. Orya Tishby.
- 2012-2013 MBA in Strategy and Finance at the Jerusalem School of Business Administration at the Hebrew University of Jerusalem. Graduated with honors.
- 2010-2012 MA in Clinical Psychology at the Hebrew University of Jerusalem. Dissertation title: *Honesty and Truthfulness: Between Therapeutic Asset and a Moral and Ethical Position. Comparison of Honesty Level as Measured by Self Report Questionnaires, Between Psychologists and Others*. Supervision: Prof. Gaby Shefler.
- 2006-2009 BA in Psychology and Business Administration at the Hebrew University of Jerusalem. Graduated with honors.

Awards

- 2016 Salinsky prize for theoretical and applied research in psychoanalysis and related fields, Freud Research Center, Hebrew University of Jerusalem.
- 2015 Salinsky prize for theoretical and applied research in psychoanalysis and related fields, Freud Research Center, Hebrew University of Jerusalem.
- 2011 Merit scholarship for graduate studies, Hebrew University of Jerusalem.
- 2008-2009 Student Exchange program for outstanding students of the European Union at the Complutense University of Madrid (Erasmus Mundus External windows 2-UCM).
- 2007 Merit scholarship for undergraduate studies, Hebrew University of Jerusalem.

Clinical Experience

License number (psychologist): 27-119396 Specialist License number (In clinical psychology): 27-35517

2020 - Licensed clinical psychologist, out-patient clinic "Brazil" of Clalit Health Services.

2017- 2020 Licensed clinical psychologist, in-patient unit "Brazil" of Clalit Health Services.

2015-2017 Internship in Clinical Psychology at the adult out-patient clinic of "Talbiya" mental health center of Clalit Health Services.

2013-2014 Internship in Clinical Psychology at the In-patient Unit "Brazil" of Clalit Health Services.

2010-2012 Practicum in the adult out-patient clinic of "Talbiya" mental health center.

Teaching

2014-2017 Guest lecturer in the "Abnormal Psychology" course for a bachelor's degree in the Department of Psychology of the Hebrew University.

2016 Guest lecturer in the "Introduction to Dynamic Psychotherapy" course for the clinical program in the Department of Psychology of the Hebrew University.

2015-2016 Teaching Assistant in the "The international business environment" course for the MBA program at the Jerusalem School of Business Administration of the Hebrew University

2012-2015 Teaching Assistant (including frontal teaching) in the "Freudian Psychoanalysis" course for a bachelor's degree in the Department of Psychology of the Hebrew University

2012-2015 Teaching Assistant (including frontal teaching) in the "The Psychoanalysis after Freud" course for a bachelor's degree in the Department of Psychology of the Hebrew University

2014-2015 Teaching Assistant in the "Organizational Psychology" course for the MBA program in the School of Business at the Interdisciplinary Center (IDC) Herzliya

2014-2015 Teaching Assistant in the "Leadership Dynamics" course for the MBA program in the School of Business at the Interdisciplinary Center (IDC) Herzliya

2010-2012 Teaching Assistant in the "Social Sciences Statistics A" course for a bachelor's degree in the "Channel to Psychology" program of the Haredi college in collaboration with Ben Gurion University.

2010-2012 Teaching Assistant in the "Social Sciences Statistics B" course for a bachelor's degree in the "Channel to Psychology" program of the Haredi college in collaboration with Ben Gurion University.

- 2010-2012 Teaching Assistant in the "Introduction to Psychology" course for a bachelor's degree in the "Channel to Psychology" program of the Haredi college in collaboration with Ben Gurion University.
- 2010-2012 Teaching Assistant in the "Physiological Psychology A" course for a bachelor's degree in the "Channel to Psychology" program of the Haredi college in collaboration with Ben Gurion University.
- 2010-2012 Teaching Assistant in the "Physiological Psychology B" course for a bachelor's degree in the "Channel to Psychology" program of the Haredi college in collaboration with Ben Gurion University.

Publications

Yonatan-Leus, R. (2013) the Pre-Traumatic Zionist Dream: A Freudian Study of Biblical Etymological Interpretations of the Name 'Zion'. Magnes Press. Ma'arag : The Israeli Annual of Psychoanalysis, Volume 4, pp. (137-175).

Yonatan-Leus, R., Tishby, O., Shefler, G., & Wiseman, H. (2018). Therapists' honesty, humor styles, playfulness, and creativity as outcome predictors: A retrospective study of the therapist effect. *Psychotherapy Research*, 28(5), 793-802.

Yonatan-Leus, R., Shefler, G., & Tishby, O. (2019). Changes in playfulness, creativity and honesty as possible outcomes of psychotherapy. *Psychotherapy Research*, 1-12.

Yonatan-Leus, R., Tishby, O., Abargil, M., & Wiseman, H. (2019). Therapist Effects in Yearlong Psychodynamic Therapy: An Exploratory Study. *Clinical Psychology & Psychotherapy*.

Yonatan-Leus, R., Shefler, G., & Tishby, O. (2020). Do positive features of mental health change together with symptoms and do they predict each other? *Psychotherapy*.

Shefler, G, Lederman, S., & **Yonatan-Leus, R.** (2020). Ethical Issues in Psychotherapy of Other Therapists: Description, Considerations, and Ways of Coping. In M. Trachsel, S. Tekin, W. Biller-Andorno, J. Gaab, & J. Z. Sadler (Ed.) *Handbook of Psychotherapy Ethics*. Oxford University Press.

Yonatan-Leus, R., Strauss, A., & Cooper-Kazaz, R. (2020). Psychodynamic Psychotherapy is Associated with Sustained Reduction in Health Care Utilization and Cost. *Clinical Psychology & Psychotherapy*.

Shulman, A., Seiffge-Krenke, I., **Yonatan-Leus, R** & Livneh, A. (in press). Veränderung von reflective functioning durch Psychotherapie bei jungen Erwachsenen (Change in reflective functioning among young adults following psychotherapy). *Themenheft Jugendlichen – Psychotherapie*

Yonatan-Leus, R, Abargil, M., & Cooper-Kazaz, R. (sent for publication). The Combined Effect of Psychodynamic Psychotherapy and Pharmacotherapy on Healthcare Cost.

Abargil, M., Tishby, O., **Yonatan-Leus, R.**, & Wiseman, H. (sent for publication). Changes in Transference Patterns and Their Relation to Treatment Outcome.

Shefler, G, Abargil, M, **Yonatan-Leus, R.**, Finkenberg, R., & Amir, I. (under preparation). Empirical examination of long-term and intensive psychoanalytic psychotherapy for severely disturbed patients.

Scholarly activities

Reviews for *Psychotherapy Research*.

Reviews for *Counselling Psychology Quarterly*.

Presentations

Yonatan-Leus, R. (2016, June). Therapist effect: Honesty, playfulness, creativity and humor as predictors of successful therapy. Paper presented in the 47th international annual meeting of the Society for Psychotherapy Research in Jerusalem.

Yonatan-Leus, R., Strauss, A., & Cooper-Kazaz, R (2018, June). Assessing the association between outpatient psychotherapy and health care utilization. Paper presented in the 49th international annual meeting of the Society for Psychotherapy Research in Amsterdam.

Yonatan-Leus, R. (2019, June). Psychological treatment in the public service, cheap, affordable, and necessary. Lecture given in a seminar of the Clinical division of the Israeli Psychological Association titled "The relationship between the mental health system and the mentally ill. Economics diagnosis and treatment".

Yonatan-Leus, R., Shefler, G., & Tishby, O. (2020, February). Do Positive Features of Mental Health Change Together with Symptoms and Do They Predict Each Other? Paper presented in the second annual meeting of the Israeli group of society for psychotherapy research in Jerusalem.

Yonatan-Leus, R. (2020, May). Unique outcome variables for unique treatment modalities. Brief presentation given in the first seminar of the Israeli Psychotherapy Group and the Clinical Division of the Israeli Psychological Association.

Yonatan-Leus, R., Strauss, A., & Cooper-Kazaz, R (2021, June). Psychodynamic psychotherapy is associated with sustained reduction in health care utilization and cost. Poster presented in the Israel Psychiatric association annual conference.

Shefler, G, **Yonatan-Leus, R.**, Abargil, M, Finkenberg, R, Flus, A., & Amir, I. (2021, June). The "Lechol Nefesh" project - Preliminary findings from evaluation studies. Paper presented in a conference of Freud Center for Psychoanalytic Research, the Hebrew University of Jerusalem.

Yonatan-Leus, R, Abargil, M., & Cooper-Kazaz, R (2021, October). The combined effect of psychodynamic psychotherapy and pharmacotherapy on healthcare cost. Paper presented in the second annual meeting of the Israeli group of society for psychotherapy research.