

## **Shmuel Shulman – Full Professor**

### **Higher education:**

<u>Period of Study</u>	<u>Institution</u>	<u>Degree</u>
1970-1973	Bar-Ilan University Department of Psychology	BA
1973-1976	Bar-Ilan University Department of Psychology	MA
1976-1981	Bar-Ilan University Department of Psychology	PhD

### **Academic positions:**

1976-1982	Instructor, Department of Psychology, Bar-Ilan University
1982-1983	Lecturer, Department of Psychology, Bar-Ilan University
1983-1987	Lecturer, School of Education, Tel-Aviv University
1987-1988	Visiting Fellow, Institute of Child Development, University of Minnesota, USA
1988-1992	Senior Lecturer, School of Education, Tel-Aviv University

1989, '90, Visiting Professor, Institute of Child Development, University of Minnesota, USA  
 '91, '92 (summer)

1992-1994 Senior Lecturer, Department of Psychology, Bar-Ilan University

1994-2000 Associate Professor, Department of Psychology, Bar-Ilan University

1994-1998 **Head of Clinical Psychology**, Department of Psychology, Bar-Ilan University

1999-2002 **Chairperson**, Department of Psychology, Bar-Ilan University

2000- 2016 **Full Professor**, Department of Psychology, Bar-Ilan University

2003-2004 Visiting Professor, Department of Psychiatry, Yale University

2005-2010 **Dean of Students**, Bar Ilan University

2010-2011 Visiting Professor, LaMarsh Centre for Youth Research, York University, Canada

2011 (summer) Visiting Professor, Department of Psychology, Jyvaskyla University, Finland  
 2012

Winter 2014 Visiting Professor, LaMarsh Centre for Youth Research, York University, Canada

4.-9.2015 Visiting Professor, University of Jena, Germany (DAAD Fellow).

2016 (summer) Visiting Professor, Department of Psychology, University of Tennessee, Knoxville

2016 - current Professor Emeritus, Department of Psychology, Bar-Ilan University

2015 - current Affiliate Professor, Florida Atlantic University, Ft. Lauderdale, FL.

2015- 2016 - Professor, Department of Psychology, Yezreel Valley College.

**2016 - current Professor, Department of Psychology, College of Management.**

**Professional positions:**

1974-1980 **Staff Psychologist**, Adolescent Inpatient Unit, Abarbanel Psychiatric Hospital, Bat Yam, Israel

1980-1983 **Staff Psychologist**, Children's and Adolescents' Clinic, Jaffa Mental Health Center,  
 Israel

- 1983-1987     **Senior Psychologist**, Children's and Adolescents' Clinic, Jaffa Mental Health Center, Israel (including work with the school systems)
- 1984-1987     **Head of Family Therapy Training**, Children's and Adolescents' Clinic, Jaffa Mental Health Center, Israel
- 2002-2010     **Co-founder and chief consultant**, Young Adults' Clinic, Shalvata Mental Health Center (Affiliated with the Tel Aviv University Medical School). Hod HaSharon, Israel.

### **Awards and grants:**

**2005-2009 ISF- Israeli Science Foundation** - Success and Failure in Attaining Goals among Emerging Adults: The Protective Role of Personal and Social Resources - **NIS 330, 000.**

**2009-2011 Israel Anti Drug Authority** - The Extended Journey – An Experience of Identity Exploration or Confusion? The Role of Personal Risk and Protective Factors - **NIS 150, 000.**

**2011-2012 Israel Ministry of Health** – Romantic involvement and negative affect among adolescents - **NIS 130, 000.**

**2009- 2017 The Ben Dov Foundation supporting the study of young adults.** Adaptive and maladaptive pathways during young adulthood - – **220,000 NIS.**

### **Research areas:**

- 1. Adaptive and less adaptive pathways in the transition to adulthood.**
- 2. Adolescent and Young adulthood romantic and sexual relationships:**
- 3. Normative and pathological trajectories .**
- 4. Developmental psychopathology.**

### **List of Publications - since 1995**

#### **BOOKS:**

Shulman, S. (Ed.). (1995). *Close relationships and socioemotional development*. Norwood, NJ: Ablex.

Shulman, S., & Seiffge-Krenke, I. (1997). *Father-adolescent relationships: Developmental and clinical perspectives*. London: Routledge.

Shulman, S., & Collins, W. A. (Eds.). (1997). *Romantic relationships in adolescence: Processes and development*. San Francisco: Jossey-Bass.

Shulman, S. & Nurmi, J. A.- Editors (2010). *The role of goals in navigating individual lives during Emerging Adulthood*. San Francisco: Jossey-Bass.

Shulman, S. (in press). *The Challenging Years of Emerging Adulthood: Fluidity and Pathways during the Transition to Adulthood*. Oxford University Press.

### **EDITED VOLUMES:**

Shulman, S., & Seiffge-Krenke, I. (Eds.). (2001). Adolescent romantic relationships. *Journal of Adolescence*, 3 [Special Issue].

Welsh, D. & Shulman, S. (Eds.) (2008). Directly observed interaction within adolescent romantic relationships. *Journal of Adolescence*, 6 [Special Issue].

### **CHAPTERS IN BOOKS:**

Shulman, S. (1995). Typology of close friendships, relationship models and friendship reasoning in early adolescence. In S. Shulman (Ed.), *Close relationships and socioemotional development*. Norwood, NJ: Ablex.

Shulman, S. (1995). Peer relations and developmental tasks in adolescence. In H. Flum (Ed.), *Adolescent processes*. Tel-Aviv: Rechasim. (Hebrew)

Shulman, S. (1995). The interface of family and adolescent processes: New conceptualizations. In H. Flum (Ed.), *Adolescent processes*. Tel-Aviv: Rechasim. (Hebrew)

Shulman, S. (1995). Typology of close friendships, relationship models and friendship reasoning in early adolescence. In S. Shulman (Ed.), *Close relationships and socioemotional development*. Norwood, NJ: Ablex.

Shulman, S., & Collins, W. A. (1995). Close relationships over time: Coherence and development, change, and adaptation. In S. Shulman (Ed.), *Close relationships and socioemotional development*. Norwood, NJ: Ablex.

Levy-Shiff, R., & Shulman, S. (1997). Families with a developmentally disabled child: Parent-child, marital and family relations. In A. Zimmerman, M. Hovav, & I. Douvdevani (Eds.), *Developmental disability* (pp. 15-34). Tel-Aviv: Dvir Press. (Hebrew)

Shulman, S. (1999). Adolescent separation. In C. A. Smith (Ed.), *The encyclopedia of parenting theory and research* (pp. 17-19). New York: Greenwood Press/Plenum.

Shulman, S., & Knafo, D. (1999). Puberty. In C. A. Smith (Ed.), *The encyclopedia of parenting theory and research* (pp.346-348). New York: Greenwood Press/Plenum.

- Shulman, S. (2003). Conflict and negotiation in adolescent romantic relationships. In P. Florsheim (Ed.), *Adolescent romantic relations and sexual behavior: Theory, research, and practical implications*. (pp. 109-136). Mahwah, NJ: Erlbaum.
- Scharf, M. & Shulman, S. (2006). Past adolescent experiences: How is it related to the way you raise your adolescents? In O. Mayseles (Ed.) *Parenting representations, theory, research and clinical implications* (pp. 319-351) . New York: Cambridge University Press.
- Shulman, S. Connolly, J, & MsIsaac, C. (2010). Romantic relationships. In B.B. Brown & M. Prinstein (Eds.), *Encyclopedia of adolescence*. New York: Wiley.
- Shulman, S., Scharf, M., & Shachar-Shapira, L. (2011). The intergenerational transmission of adolescent romantic relationships. In P. Kerig, S. Hauser, & Schultz, M. (Eds.), *Adolescence and beyond*. New York: Oxford University Press.
- Seiffge-Krenke, I. & Shulman, S. (2012). Transformations in Heterosexual Romantic Relationships across the Transition into Adolescence. In B. Laursen & W. A. Collins (Eds.), *Relationship Pathways: From Adolescence to Young Adulthood* (pp. 157-191). New York: Oxford University Press.
- Scharf, M. & Shulman, S. (2015). Sibling relationships. In J. J. Arnett (Ed.), *Handbook of Emerging adulthood*. New York: Oxford University Press.
- Shulman, S. & Connolly, J. (2015). Romantic relationships. In J. J. Arnett (Ed.), *Handbook of Emerging adulthood*. New York: Oxford University Press.
- Lev Ari, L. & Shulman, S. (2019). Adjustment during the first year at university: The role of sleep, mood and stress states. In S. Nathan & H. Boni-Noach (Eds.), *Young adults in Israel: Research, Application and Intervention*.
- Connolly, J. & Shulman, S. (invited chapter). Defining Romantic Relationships in Adolescence & Young Adulthood. In L. Crockett, G. Carlo, & J. Schulenberg (Eds., ). *APA Handbook of Adolescent and Young Adult Development*. Washington, DC: American Psychological Association

### **ARTICLES -refereed**

- Shulman, S., Carlton-Ford, S., Levian, R., & Hed, S. (1995). Coping styles of learning-disabled adolescents and their parents. *Journal of Youth and Adolescence*, 24, 281-294.
- Shulman, S., Seiffge-Krenke, I., Levy-Shiff, R., Fabian, B., & Rotenberg, S. (1995). Peer group and family relationships in early adolescence. *International Journal of Psychology*, 30, 573-590.
- Shulman, S., Laursen, B., Kalman, Z., & Karpovsky, S. (1997). Adolescent intimacy: Revisited. *Journal of Youth and Adolescence*, 26, 597-617.

- Elbedour, S., Shulman, S., & Kedem, P. (1997). Adolescent intimacy: A cross-cultural study. *Journal of Cross-Cultural Psychology, 28*, 5-22.
- Levy-Shiff, R., Zoran, N., & Shulman, S. (1997). International and domestic adoption: Child, parents, and family adjustment. *International Journal of Behavioral Development, 20*, 109-129.
- Shulman, S., & Knafo, D. (1997). Balancing closeness and individuality in adolescent close relationships. *International Journal of Behavioral Development, 21*, 687-702.
- Elbedour, S., Shulman, S., & Kedem, P. (1997). Children's fears: Cultural and developmental perspectives. *Behaviour Research and Therapy, 35*, 491-496.
- Shulman, S. (1997). The contribution of fathers to adolescents' individuation. *Praxis der Kinderpsychologie und Kinderpsychiatrie, 46*, 321-337. (German)
- Shulman, S., Levy-Shiff, R., Kedem, P., & Alon, E. (1997). Intimate relationships among adolescent romantic partners and same-sex friends: Individual and systemic perspectives. *New Directions in Child Development, 68*, 37-52.
- Shulman, S., Collins, W. A., & Knafo, D. (1997). Romantic relationships in adolescence: It is more than casual dating. *New Directions in Child Development, 68*, 105-110.
- Shulman, S., Kedem, P., Kaplan, K. J., Sever, I., & Braja, M. (1998). Latchkey children: The potential sources of support. *Journal of Community Psychology, 26*, 185-197.
- Levy-Shiff, R., Dimitrovsky, L., Shulman, S., & Har-Even, D. (1998). Cognitive appraisals, coping strategies, and support resources during transition to parenthood as correlates of parenting and infant development. *Developmental Psychology, 34*, 1417-1427.
- Shulman, S., Becker, A., & Sroufe, L. A. (1999). Adult-child interactions as related to adult's family history and child's attachment. *International Journal of Behavioral Development, 22*, 959-976.
- Shulman, S., Rosenheim, E., & Knafo, D. (1999). The interface of adolescent and parent marital expectations. *American Journal of Family Therapy, 27*, 19-28.
- Shulman, S., & Scharf, M. (2000). Adolescent romantic behaviors and perceptions: Age- and gender-related differences, and links with family and peer relationships. *Journal of Research on Adolescence, 10*, 99-118.
- Shulman, S., Horesh, N., Scharf, M., & Argov, Y. (2000). Close relationships and social competence of hospitalized and nonhospitalized adolescents. *Journal of Nervous and Mental Disease, 188*, 696-702.
- Seiffge-Krenke, I., Shulman, S., & Klessinger, N. (2001). Adolescent precursors of romantic relationships in young adulthood. *Journal of Social and Personal Relationships, 18*, 327-346.
- Shulman, S., & Kipnis, O. (2001). Adolescent romantic relationships: A look from the future. *Journal of Adolescence, 24*, 337-351.

- Shulman, S., & Seiffge-Krenke, I. (2001). Adolescent romance: Between experience and relationships. *Journal of Adolescence*, 24, 417-428.
- Shulman, S., Scharf, M., Lumer, D., & Maurer, O. (2001). How young adults perceive parental divorce: the role of their relationships with their fathers and mothers. *Journal of Divorce and remarriage*, 34, 3-17.
- Shulman, S., Scharf, M., Lumer, D., & Maurer, O. (2001). Parental divorce and young adulthood romantic relationships: The role of children's resolution of the divorce experience. *American Journal of Orthopsychiatry*, 71, 473-478.
- Shulman, S. & Laursen, B. (2002). Adolescent perceptions of conflict in interdependent and disengaged friendships. *Journal of Research on Adolescence*, 12, 353-372.
- Shulman, S. & Ben Artzi, E. (2003). Age-related differences in the transition from adolescence to adulthood and links with family relationships. *Journal of Adult Development*, 10, 217-226.
- Scharf, M, Shulman, S, & Avigad-Spitz, L. (2005). Sibling relationships in emerging adulthood. *Journal of Adolescent Research*.
- Shulman, S., Feldman, B., Blatt, S. J., Cohen, O., & Mahler, A. (2005). Emerging Adulthood: Age-Related Tasks, and Underlying Self Processes. *Journal of Adolescent Research*, 20, 577-603.
- Walsh, S., Shulman, S, Feldman, B., & Maurer, O. (2005). The impact of immigration on the internal processes and developmental tasks of emerging adulthood. *Journal of Youth and Adolescence*, 34, 413-426.
- Shulman, S., Blatt, S. J., & Feldman, B., (2006). Vicissitudes of the impetus for growth and change among emerging adults. *Psychoanalytic Psychology*, 23, 159-180.
- Shulman, S., Cohen, O., Feldman, B., & Mahler, A. (2006). Emerging adult men and their mothers in divorced families: A typology of relationship patterns. *Journal of Social and Personal Relationships*, 23, 481-497.
- Walsh, S., Shulman, S, Bar-On Z., & Tzur, A. (2006). The role of parentification and family climate in adaptation among immigrant adolescents in Israel. *Journal of Research on Adolescence*. 16, 321-350.
- Tuval-Mashiach, R., & Shulman, S. (2006). Resolution of disagreements between romantic partners, among adolescents and young adults: qualitative analysis of interaction discourses. *Journal of Research on Adolescence*, 16, 561-588.
- Shahar, G., Kalnitzki, E. Shulman, S, & Blatt, S.J. (2006). Personality, Motivation, and the Construction of Goals during the Transition to Adulthood: A Study of Israeli Young Adults. *Personality and Individual Differences*, 40, 53-63.
- Shulman, S. (2006). "Wondering" and Beyond: Discussion of Arietta Slade's "Reflective Parenting Programs". *Psychoanalytic Inquiry*, 26, 656-665.
- Shulman, S., Tuval-Mashiach, R., Levran, E. & Anbar, S. (2006). Conflict Resolution Patterns and Longevity of Adolescent Romantic Couples: A Two-Year Follow-Up Study. *Journal of Adolescence*, 29, 575-588.

- Walsh, S. & Shulman, S. (2007). Splits in the Self Following Immigration: An Adaptive Defense or a Pathological Reaction? *Psychoanalytic Psychology*, 24, 355-372.
- Tuval-Mashiach, R., Walsh, S., Harel, S. & Shulman, S. (2008). Romantic Fantasies, Cross Gender Friendships, and Romantic Experiences in Adolescence. *Journal of Adolescent Research*, 23, 471-478.
- Shulman, S., Mayes, L., C., Cohen, T. H., Swain, J. E. & Leckman, J. F. (2008). Romantic attraction and conflict negotiation skills among late adolescent and early adult romantic couples. *Journal of Adolescence*, 31, 729-745.
- Welsh, D & Shulman, S. (2008). What can be learned from adolescent romantic relationship from direct observation? *Journal of Adolescence*, 31, 877-891.
- Walsh, S., Shulman, S., & Maurer, O. (2008). Immigration distress, mental health status and coping among young immigrants: A one year follow-up study. *International Journal of Intercultural Relation*, 32, 371-384.
- Shulman, S., Pesach-Shavit, T., Walsh, S., Almog, Z., Even, R., Doron, A., & Fennig, S. (2009). Self regulatory processes and psychological symptoms among emerging adults. *Journal of Youth Studies*, 12, 111-120.
- Shulman, S., Kalnitzky, E. & Shahar, G. (2009). Coping with developmental challenges during emerging adulthood: The role of personality and social resources. *Journal of Adolescent Research*, 24, 242-270.
- Shulman, S., Walsh, S.D., Weisman, O. & Schleyer, M. (2009). Romantic Contexts, Sexual Behavior, and Depressive Symptoms among Adolescent Males and Females. *Sex Roles*, 61, 850-863.
- Shulman, S., & Nurmi, J. E. (2010). Goal Pursuit, Personality and Adaptation among Emerging Adults: Typology and Change Overtime. *New Directions in Child and Adolescent Development*, 130, 1-12.
- Shulman, S., & Nurmi, J. E. (2010). Understanding Emerging Adulthood from a Goal-Setting Perspective. *New Directions in Child and Adolescent Development*, 130, 57-70.
- Shulman, S., Davila, J., & Shachar-Shapira L. (2011). Assessing romantic competence among older adolescents. *Journal of Adolescence*, 34, 397-406.
- Lev Ari, L. & Shulman, S. (2012). Pathways of sleep, affect, and stress constellations during the first year of university. *Journal of Youth Studies*, 15(3), 273-292.
- Shulman, S., Zlotnik, A., Shachar-Shapira L., Connolly, J., & Bohr, Y. (2012). Adolescent Daughters' Romantic Competence: The Role of Divorce, Quality of Parenting, and Maternal Romantic History. *Journal of Youth and Adolescenc*, 41 (5), 593-606.
- Shulman, S. & Connolly, J. (2013). The Challenge of Romantic relationships in Emerging Adulthood: A Review and Reconceptualization of the Field. *Emerging Adulthood*. 1, 27-39.



- Lev Ari, L. & Shulman, S. (2013). Sleep, Daily Activities, and Their Association with Mood States among Emerging Adults. *Biological Rhythm research*, 44(3). 357-367.
- Shulman, S., Scharf, M, Livne, Y. & Barr, T. (2013). Patterns of Romantic Involvement among Emerging Adults: Psychosocial Correlates and Precursors. *International Journal of Behavioral Development*, 37(5), 462-470.
- Dietrich, J., Shulman, S. & Nurmi, J-E. (2013). Goal Pursuit in Young Adulthood: The Role of Personality and Motivation for Goal Appraisal Trajectories across 6 Years. *Journal of Research in Personality*, 47, 728-737.
- Shulman, S., Laursen, B., & Dickson, D. (2014). Gender Differences in the Spillover Between Romantic Experiences, Work Experiences and Individual Adjustment Across Emerging Adulthood.. *Emerging Adulthood*, 2, 36-47.
- Connolly, J., MsIsaac, C., & Shulman, S., Wincentak, K. et al., (2014). Development of romantic relationships in adolescence and emerging adulthood: Implications for community mental health. *Canadian Journal of Community Mental Health*.
- Shulman, S., Vasalampi, K., Barr, T., Livne, Y., Nurmi, J. E & Pratt, M. W (2014). Typologies and Precursors of Career Adaptability Patterns among Emerging Adults: A Seven-Year Longitudinal Study. *Journal of Adolescence*. 37(8), 1505-1515.
- Tuval-Mashiach, R., Hanson, J. & Shulman, S. (2014). Turning Points in the Romantic History of Emerging Adults. *Journal of Youth Studies*, 18(4), 434-450.
- Shulman, S., Barr, T., Livne, Y., Nurmi, J. E., Vasalampi, K & Pratt, M. W. (2015). Career Pursuit Pathways among Emerging Adult Men and Women: Psychosocial Correlates and Precursors. *International Journal of Behavioral Development*, 39(1), 9-19.
- Appel, I. & Shulman, S. (2015). The Role of Romantic Attraction and Conflict Resolution in Predicting Shorter and Longer Relationship Maintenance among Adolescents. *Archives of Sexual Behavior*. 44(3), 777-782.
- Seiffge-Krenke, I., Persike, M., & Shulman, S. (2015). Gendered Pathways to Romantic Attachment in Emerging Adults: The Role of Body Image and Parental Support. *European Journal of Developmental Psychology*, 12(5), 533-548. .
- Shulman, S., Chagmigari, M., & Michaeli, Y., Tuval-Masiciach, R. & Dickson, D. J (2016). Attaining Work and Love Authorship in Emerging Adulthood: Constellations, Psychosocial Correlations and Precursors. *Emerging Adulthood*.
- Atzil-Slonim, D., Berman, E., Reshef, M. & Shulman, S. (2016). Changes in Romantic Competence and Career Adaptability among Emerging Adults in Psychotherapy. *Emerging Adulthood*.

- Shulman, S., Scharf, M., Bohr, Y., Tuval-Mashiach, R., Hirsh, Y., & Faians, M. (2016). Adolescent Romantic Competence and Parenting Attitudes: Gender Variations and Correlates. *Journal of Social and Personal Relationships*, 23, 761-780.
- Benbassat, N., & Shulman, S. (2016 on line). The Significance of Parental Reflective Function in the Adjustment of Young Adults. *Journal of Child and Family Studies*.
- Dickson, D. J. & Shulman, S. (2016 on line). Directions of Effects between Self-criticism and Parental Support on Adaptive Goal Pursuit among Emerging Adults. *Personality and Individual Differences*.
- Shulman, S., Rozen-Zvi, R., Almog, Z., Fennig, S. & Pesach-Shavit, T. (2016 on line). Effects of Group Psychotherapy On Young Adults' Romantic and Career Functioning. *Group Analysis*.
- Shulman, S., Seiffge-Krenke, I., Scharf, M., Betzlel-Boiangiu, S. & Tregubenko, V. (2018). The Diversity of Romantic Pathways during Emerging Adulthood and their Developmental Antecedents. *International Journal of Behavioral Development*.
- Michaeli, Y., Dickson, D. J. & Shulman, S. (2016 on line). Parental and Non Parental Career-Related Support among Young Adults: Antecedents and Psychosocial Correlates. *Journal of Career Development*.
- Shulman, S., Seiffge-Krenke, I., Scharf, M., Lev-Ari, L. & Levy G. (2017 on line). Adolescent Depressive Symptoms and Break-up Distress during Early Emerging Adulthood: Associations with The Quality of Romantic Interactions. *Emerging Adulthood*.
- Shulman, S. (2017). The Emerging Adulthood Years: Finding One's Way in Career and Intimate Love Relationships. *The Psychoanalytic Study of the Child*.
- Shulman, S., Seiffge-Krenke, I. & Walsh, S. D. (2018). Is Sexual Activity during Adolescence Good for Future Romantic Relationships? *Journal of Youth and Adolescence*.
- Norona, J., Tregubenko, V., Betzlel-Boiangiu, S., Scharf, M., Welsh, D., & Shulman, S. (2018). Changes in Rejection Sensitivity across Adolescence and Emerging Adulthood: Associations with Relationship Involvement, Quality, and Coping. *Journal of Adolescence*, 63, 96-106.
- Norona, J. C., Scharf, M., Shulman, S., & Welsh, D. P. (2018). Predicting post-breakup distress and growth in emerging adulthood: The roles of emotion regulation and relationship experiences. *Journal of Adolescence*, 63, 191-193.
- Shulman, S. & Scharf, M. (2018, on line). Adolescent Psychopathology in Times of Change: The Need for Integrating a Developmental Psychopathology Perspective. *Journal of Adolescence*.
- Michaeli, Y., Hakhmigari Kalfon, M., Scharf, M. & Shulman, S. (2018, on line). Romantic Outcomes in Young Adulthood: The Role of Dependency, Parental Support and Reflective Functioning. *Journal of Family Psychology*.

Michaeli, Y., Hakhmigari Kalfon, M., Dickson, D., Scharf, M. & Shulman, S. (2018, on line). The Role of Change in Self-criticism across Young Adulthood in Explaining Developmental Outcomes and Psychological Well Being. *Journal of Personality*.

Shulman, S., Seiffge-Krenke, I. Ziv, I. & Tuval-Mashiach, R. (2018, on line). Patterns of Romantic Pathways among 23 Year Olds and their Adolescent Antecedents. *Journal of Youth and Adolescence*.

Shulman, S., Norona, J. C., Scharf, M., Ziv, I., & Welsh, D. P. (2019). Changes in self-silencing from adolescence to emerging adulthood and associations with relationship quality and coping with relationship stressors. *Journal of Relationship Research*.

Shulman, S., Scharf, M., Ziv, I., Norona, J. C. & Welsh, D. P. (2019). Adolescents' Sexual Encounters with either Romantic or Casual Partners and the Quality of their Romantic Relationships Four Years Later. *Journal of Sex Research*.

Hakhmigari Kalfon, M., Dickson, D., Michaeli, Y., Scharf, M. & Shulman, S. (2019, on line). Personality Maturation among Emerging Adults and Future Career Success. *Career Development International*.

## **2020 PUBLICATIONS**

Seiffge-Krenke, I. & Shulman, S. (2020). Ist sexuelle Aktivität in der Adoleszenz für zukünftige romantische Beziehungen gut? *Psychosomatische Medizin*.

Michaeli, Y., Dickson, D., Hakhmigari Kalfon, M., Scharf, M. & Shulman, S. (2020, on line). Change in Self-Criticism Across Emerging Adulthood and Psychological Well-Being at Age 35: The Mediating Role of Reflectivity. *Emerging Adulthood*.

Melamed, O., Walsh, S., Ziv, I. & Shulman, S. (2020). Trajectories of smoking among emerging adult backpackers and their antecedents. *Emerging Adulthood*.

Melamed, O., Walsh, S. & Shulman, S. (accepted). Smoking Behavior and Symptoms of Depression and Anxiety Depressive Affect Among Young Adult Backpackers: Results from a Short Longitudinal Study. *Scandinavian Journal of Psychology*.

**IN ADDITION - I have a book and an invited chapter** in press.

Shulman, S. (in press). The Challenging Years of Emerging Adulthood: Fluidity and Pathways during the Transition to Adulthood. Oxford University Press.

Connolly, J. & Shulman, S. (invited chapter, in press). Defining Romantic Relationships in Adolescence & Young Adulthood. In L. Crockett, G. Carlo, & J. Schulenberg (Eds., ). *APA Handbook of Adolescent and Young Adult Development*. Washington, DC: American Psychological Association

## **Award**

**Shulman, S., Seiffge-Krenke, I., Scharf, M., Betzlel-Boiangiu, S. & Tregubenko, V. (2018).  
The Diversity of Romantic Pathways during Emerging Adulthood and their Developmental  
Antecedents. International Journal of Behavioral Development, 42(2), 167-174**

Selected as the **Best research paper** on romantic relationships – Meetings of Society of the  
Study of Emerging Adulthood, Toronto October, 2019.